



Council on Aspirin for Health and Prevention 2016 Aspirin Project Grant Program Request for Proposals

Guidelines

1. Overview

The Council on Aspirin for Health and Prevention (CAHP), an initiative of Altarum Institute, will award grants up to \$10,000 for the implementation of projects to increase the appropriate use of low-dose aspirin. Funds may be requested for educational, communications, implementation science, and/or partnership-building activities that relate to aspirin and disease prevention. Ultimately, the goal is to encourage conversations between consumers and healthcare providers about daily low-dose aspirin use.

As people age, low-dose aspirin can contribute to good health. Aspirin can prevent heart attacks in men and strokes in women, when used appropriately, and may prevent some types of cancer. Aspirin discussions between patients and healthcare providers can increase appropriate use. If the benefits of aspirin outweigh the side effects, taking low-dose aspirin every day is a convenient, inexpensive and effective way to keep you healthy as you age. For more information, visit www.aspirinproject.org.

The Aspirin Project grant application process is designed to be short and simple. Templates for the cover page and budget are provided in these guidelines. In 2016, the quarterly submission deadlines are March 31, June 30, September 30, and December 31.

2. Eligibility

The CAHP does not limit who is eligible to apply. Individuals, state and local health agencies, non-profit organizations, and professional associations committed to disease prevention and health promotion are encouraged to apply. Funded projects can be implemented at the local, state, or national level.

3. Funding

Initial funding may be in part or in full depending on budget request. Portions of requests that are not for direct expenses (i.e. time for manuscript preparation) may be held for payment upon completion and submission of final project report. Proper attribution should be provided to Altarum Institute and the Council on Aspirin for Health and Prevention for any resources produced using grant funds.

4. Requirements of Grantees

- Implement project as set forth in proposal.
- Provide sample copies of any resources developed for the project.
- Provide examples of any media coverage.
- Submit a six-month project update and an end-of-project report.
- Submit a one-page project summary.

5. Application Process

Submit proposals via email to David Zauche, Altarum Institute, at david.zauche@altarum.org.

Proposals must include the following:

- Cover page. Use the template in Attachment A.
- Narrative proposal (maximum three pages). This should include a rationale, statement of importance of the project, target audience, objectives, work plan, length of project, deliverables, and evaluation.
- Project budget (maximum two pages). You may use the template in Attachment B.
- Resume or CV for project director.

6. Budget (maximum two pages)

Proposals should include a line-item budget. Applicants may use Attachment B for this purpose, but this is not required. Grant funds may be used to pay for consultant fees, materials production, project-related meetings, and other direct project expenses. Grant funds can be used to supplement staff salaries for time directly spent on the aspirin project. Grant budgets may include an indirect rate of up to 15%.

Funds may not be used for the purchase or maintenance of office equipment, or to pay for registration/travel costs for conferences or professional development. Cite the total grant amount requested, not to exceed \$10,000 (including indirect expenses).

The budget should include the following expenses, if applicable:

- A. Personnel costs: Name of person, hourly or daily rate, total number of hours/days.
- B. Project-related meeting expenses.
- D. Materials production.
- E. Other.

7. Contact - David Zauche, Altarum Institute, david.zauche@altarum.org.

Attachment A: Cover Page for Aspirin Project Grant Proposals

Name of Organization:

Address:

Phone number:

Grant check payable to:

Project Director:

Job title:

Phone:

E-mail:

Project Title:

Aspirin Project Funding Request Checklist:

- **Cover page** ___
- **Proposal and work plan** ___
- **Budget** ___
- **CV/resume** ___

