

# ASPIRIN IN THE NEWS

September 2015

## In the Spotlight

### For Consumers

#### Panel Says Aspirin Lowers Heart Attack Risk for Some

September 15, 2015 The U.S. Preventive Services Task Force has issued new draft recommendations around the use of aspirin to help prevent disease, including both cardiovascular disease (heart attacks and strokes) and colorectal cancer.

### For Health Care Providers

#### U.S. Preventive Service Task Force Draft Recommendation Statement

September 15, 2015 The Task Force found that taking aspirin can help 50- to 69-year-olds who are at increased risk of cardiovascular disease prevent heart attacks and stroke, as well as help prevent colorectal cancer, if taken for at least 10 years.

## Consumer News

### Aspirin 'Might Boost Cancer Therapy'

September 4, 2015 Scientists at the Francis Crick Institute have published a study suggesting aspirin may prevent tumors from hiding from the immune system.

### New Haven Pharmaceuticals Receives FDA Approval for DURLAZA™ (aspirin)

September 8, 2015 New Haven Pharmaceuticals, Inc., announced that the U.S. Food and Drug Administration has approved DURLAZA (aspirin), the first and only 24-hour, Extended Release Capsules, for the secondary prevention of stroke and acute cardiac events, including myocardial infarction.

### Could Aspirin Treat Breast Cancer?

September 22, 2015 Researchers from Brigham and Women's Hospital and Dana-Farber Cancer Institute have received a \$10 million Breakthrough Award from the Department of Defense's Office of the Congressionally Directed Medical Research Program to test whether aspirin helps women with breast cancer avoid recurrence and live longer.



### Study Details Aspirin's Disease-Fighting Abilities

September 23, 2015 A recent study, led by researchers at the Boyce Thompson Institute, may explain many of aspirin's therapeutic properties and offers hope that more powerful aspirin-like drugs may be developed.

### Aspirin and Cancer Prevention: What the Research Really Shows

September 24, 2015 In this interview, American Cancer Society researcher Eric J. Jacobs, Ph.D., provides insights into the draft USPSTF guidelines as well as what current studies show about aspirin and cancer prevention.

### More Evidence Daily Aspirin May Fight Colon Cancer

September 28, 2015 Millions of Americans already take a low-dose daily aspirin to help shield their hearts. Now, a new study suggests the same inexpensive pill might extend survival for patients battling cancers of the gastrointestinal tract.

## Health Care Provider News

### Apixaban Plus Mono Versus Dual Antiplatelet Therapy in Acute Coronary Syndromes

August 2015 Post-ACS treatment with apixaban versus placebo showed no efficacy, but it increased bleeding regardless of concomitant therapy with aspirin alone or aspirin plus clopidogrel.

### Aspirin Desensitization for Cardiovascular Disease

August 15, 2015 With rare exceptions, patients with a history of 'aspirin/NSAID allergy' who need ASA for cardiovascular issues will be able to safely take aspirin either after a graded challenge or desensitization providing a central role of the allergist.

### Aspirin and Gastro Intestinal Malignancies; Improved Survival Not Only in Colorectal Cancer?

September 2015 Aspirin use initiated after diagnosis of gastro intestinal malignancies is associated with higher overall and relative survival rates.

### Strategies for Primary Prevention of Coronary Heart Disease Based on Risk Stratification: A Comparative--Effectiveness Modeling Study

September 30, 2015 Treat-all with high-dose statins dominated all other strategies for both men and women, gaining 15.7 million QALYs, preventing 7.3 million myocardial infarctions, and saving over \$238 billion, compared to the status quo.

### Use of Health Care System-Supplied Aspirin by Veterans with Postoperative Heart Attack or Unstable Angina

October 2015 Findings suggest that the impact of dispensing aspirin as a prescription may not be significant in increasing the appropriate use of aspirin for secondary prevention.

