

ASPIRIN IN THE NEWS

October 2015

In the Spotlight

For Consumers

The Aspirin Question

October 1, 2015 Whether you are trying to prevent a heart attack, stroke or cancer, to make the best decision about using aspirin, you and your doctor need to weigh your potential benefits against your potential harms and then make a choice based on your preferences.

For Healthcare Providers

Aspirin Might Reduce the Incidence of Pancreatic Cancer: A Meta-Analysis of Observational Studies

October 21, 2015 Aspirin use might reduce the incidence of pancreatic cancer; however, this finding should be interpreted with caution because of study heterogeneity.

Consumer News

4 Ways a Daily Aspirin Can Save Your Life

October 2, 2015 Recent research is showing that this common medicine cabinet inhabitant can have some powerful effects, if used correctly.

Evidence Builds for Aspirin's Benefit in GI Cancers

October 16, 2015 Postdiagnosis aspirin use nearly doubled survival in patients with gastrointestinal cancers in a large study from the Netherlands.

'Should I Take a Daily Aspirin?' A Cardiologist's No.1 FAQ

October 20, 2015 Dr. Jared Bunch provides answers to all the common questions about aspirin he receives as a cardiologist.

Worldwide Shift in Heart Medication Delivery Required: Study

October 21, 2015 Many people in the world who need essential heart medicine do not get it, even in rich countries, says new research published in the medical journal, *The Lancet*.



Healthcare Provider News

Aspirin Use in Adults: Cancer, All-Cause Mortality, and Harms: A Systematic Evidence Review for the U.S. Preventive Services Task Force

September 2015 This review was conducted to support the U.S. Preventive Services Task Force in making evidence-based recommendations about the use of ASA for primary prevention in adults and to understand the risks of regular ASA use.

Availability and Affordability of Cardiovascular Disease Medicines and their Effect on Use in High-Income, Middle-Income, and Low-Income Countries

October 20, 2015 Information was analyzed about availability and costs of cardiovascular disease medicines (aspirin, β blockers, angiotensin-converting enzyme inhibitors, and statins) in pharmacies gathered in 18 countries participating in the Prospective Urban Rural Epidemiology (PURE) study.

Daily Aspirin Could Increase Chance of Pregnancy

October 21, 2015 Researchers suggest that taking just 81 mg of aspirin daily may boost a woman's likelihood of conception by reducing systemic inflammation, improving the environment in which an embryo grows.

Effect of Aspirin on Prevention of Venous Thromboembolism in Critically Ill Mechanically Ventilated Patients

October 26, 2015 We found use of aspirin, in addition to the use of standard chemical or mechanical prophylaxis, was associated with lower incidence of DVT in critically ill mechanically ventilated patients.

Aspirin Attenuates Angiotensin II-Induced Cardiomyocyte Hypertrophy

October 27, 2015 Aspirin inhibited cardiac hypertrophy in vitro and in vivo through inhibition of the Ca^{2+} /calcineurin-NFAT signaling pathway.

Colorectal Polyp Prevention by Daily Aspirin Use is Abrogated Among Active Smokers

October 28, 2015 The study sought to determine whether the risk of colorectal polyps associated with smoking may be modified by daily use of aspirin in an analysis of a large U.S. screening population.

